Lesson Plan for Physical Education

Course Goal Accomplished in this Lesson: ________________________________

Unit Goal Accomplished in this Lesson: ________________________________

Activity __________________________ Date __________ Name __________________________

Pre-Assessment: __________________________ # of Students __________ Equipment needed: __________________

Teaching Style(s): __________________________ Technology Integration: __________________

Outside Content Integration: _____________

Objectives: The learner will be able to:

- Psychomotor
- Cognitive
- Health-Related Fitness
- Affective

Objective Assessments:

References & Sources: __________________________

NASPE & State Standards being met in this lesson: __________________________
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<tr>
<th>Time</th>
<th>Teaching &amp; Learning Experiences</th>
<th>Teacher &amp; Student Class Organization</th>
<th>Analysis – Description of Skills &amp; Activities</th>
<th>Teaching Cues</th>
<th>Safety, Motivation, &amp; Individual Differences</th>
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<td>II. Activity</td>
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<td>III. Closure</td>
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